

Psalm of the week:

Psalm 65

WEEK 1:

November 4-9, 2019

SONGS FOR THE WEEK:

All Creatures of Our God & King
O Praise the Name (Anástasis)

Links to these songs can be found on our Facebook page or on our website: spoonerwesleyan.org

Day One

Quiet yourself and Listen for 2 minutes.

Read slowly **Psalm 65**.

In a sentence or two, summarize what this psalm is saying.

In a sentence or two, summarize the “feelings” expressed in this psalm.

Question 1: What does this psalm tell you about God?

Question 2: What does this psalm tell you about you?

Listen for 2 minutes.

Day Two

Quiet yourself and Listen for 2 minutes.

Read slowly **Psalm 65** (in an alternate translation, if possible).

In a few sentences, write down a concern you have in your life that relates to this psalm.

Question: How can you apply what this psalm says to your concern?

Listen for 2 minutes.

Meditation: A few times later today (perhaps when anxious or afraid), meditate on a phrase in this psalm that speaks to you & your situation.



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Day Three

Quiet yourself and Listen for 2 minutes.

Read **Psalm 65**.

Write down the characteristic of God portrayed in today's psalm that makes you most grateful today.

Listen to or sing “All Creatures of Our God & King” or “O Praise the Name”.

Listen for 2 minutes.

A couple times today, thank God for what this psalm says about His care for His children.

Day Four

Listen for 2 minutes. Pray that God speaks directly to you through this psalm.

Read **Psalm 65** as if it were the first time. Read until God shows you an insight, promise, correction, or encouragement, and write that down.

Listen for 2 minutes.

Throughout the day, recall with thanksgiving how God spoke directly to you through this psalm.

Day Five

Quiet yourself and Listen for 2 minutes.

Read **Psalm 65**, asking the Holy Spirit to bring to mind someone who needs the encouragement it provides.

Share with that person how God spoke to you this week through this psalm, and what He brought to mind about them. Speak face-to-face if possible, but call or text if necessary.

Listen to or sing “All Creatures of Our God & King” or “O Praise the Name”.

